

Intro to Oil Painting | Supply List

Instructor: Douglas Bosley

For this class you have the option of using either traditional oils, or 'water-miscible' oils. Water miscible oils can be cleaned up effectively with soap and water, and therefore reduce or eliminate reliance upon solvents. However, to gain that benefit all your painting materials must be water miscible.

Required Items:

- **Mixed-Media paper or watercolor paper** – approximately 9"x12" (doesn't have to be new or fancy, if you already have paper – exact size is not of great importance, just heavier weight: approximately 160gsm – 240gsm)
- **Oil paint:** Purchase a limited palette (below) to start with and avoid student grade if you can. Artist-grade paints are more pigmented, so you will get better coverage using less paint. That means higher grade paints are a better value even though student grade is less expensive. For traditional oils Gamblin and M. Graham make excellent quality products at a reasonable price. For water-miscible oils, I recommend Daniel Smith. All three are domestically manufactured by excellent colorists who care deeply about their products.
*These paints are optional but nice to have.
 - Cadmium Red or Quinacridone Red
 - Alizarin Crimson*
 - Ultramarine Blue
 - Hansa Yellow or Lemon Yellow
 - Yellow Ochre*
 - Burnt Sienna*
 - Ivory, Lamp, or Carbon Black
 - Titanium or Zinc White
 - Transparent Blender* (aka: transparent or tint base, this is unpigmented oil paint and not every colorist makes this)
- **Medium:** Painting mediums modify the viscosity, transparency and drying time of oil paints, and come in a wide variety. I will demonstrate glazing techniques, i.e. thin and transparent paint. Traditional glazing recipes consist of both a resin such as Alkyd, and Oil such as linseed, so you may want to purchase a small quantity of both. However, many companies offer a pre-mixed glazing medium and I recommend [Gamblin's Solvent Free Fluid Medium](#) which is water washable. If you are using water-miscible oils, make sure to use that colorist's matching water-miscible alkyd or equivalent medium.
- **Squeeze Bottle:** small, @ 4-8oz, it should have a relatively small nozzle, this is to apply glazing medium.
- **Disposable Paper Palette** – I prefer mixing on a white palette, gray is also good. If you are ready to invest in a palette you may want to acquire a sheet of plexiglass, which can be washed and reused.
- **Palette knife:** made for mixing and applying paint, one simple one is all you need.
- **Brushes** come in different shapes and sizes– filbert, bright, round, flat, fan, etc. Every manufacturer uses a slightly different scale, so while the exact size doesn't matter, we are going to work small so keep them on the smaller side. You should have a minimum of 3 brushes to start, I suggest one round, one flat and one filbert. I favor filberts, which are a kind of rounded flat that can perform like either a flat or round. Winsor Newton, Princeton, and Escoda are quality brush makers, and while there is a wide range of hair or bristle types, inexpensive natural or synthetic brushes are fine for now; just make sure they're meant for oil.

Only required if using traditional oils:

- **Odorless Mineral Spirits:** Solubilizes oil paint, used for clean up and to thin the paint. You will only need a small quantity and I recommend [Gamsol](#) – it is one of the most refined mineral spirits on the market.
- **Two airtight metal containers**, one for waste rags and one for the solvent you will use to clean your brushes. Something as simple as an empty paint can will work for either, however something like a [Leak Proof Brush Cleaner](#) for the solvent is convenient to travel with if you can spend a little extra money.

Optional Items:

- **Pencils, sharpie marker, sketchbook**, etc.
- **Brush soap/conditioner** like [Marvelous Maryanne's](#)
- **Gloves:** they don't have to be anything fancy as long as they are an effective barrier against paint and solvent. Dish gloves work, but I recommend [nitrile gloves](#). Make sure it's something you will feel comfortable wearing for extended periods.
- **Canvases or panels:** we will work on a larger piece for the last few weeks of class and will talk about options so don't feel like you need to buy one right away, but you may want to buy one at some point.

Dick Blick, Cheap Joes or Jerry's Artarama are online stores with relatively quick processing and shipping speeds. Many of these items you can find locally at Michaels.

Feel free to contact me with any questions at dugx0r@gmail.com